

THE PASTORAL EPISTLES



Not Ashamed: 2 Timothy 1

T. M. Moore

A Scriptorium Study from The Fellowship of Ailbe

The Fellowship of Ailbe

The Pastoral Epistles: Not Ashamed: 2 Timothy 1
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2 Timothy 1: Introduction

Paul's second letter to Timothy is more pastoral and personal, and it maintains the focus on Christ, the Gospel, and holding firm to our testimony in love.

Timothy had a firm grounding in the faith from his youth. He was confirmed in his calling as a pastor by Paul and others. But that "gift" must always be stirred up anew and mixed with the living water of the Spirit. Paul calls Timothy to hold fast to sound words and his own confession of Christ, for many are beginning to drift from the faith, even in that day. We should expect to experience suffering, but with a little help from our friends, we can endure.

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1 Father to Son

Pray Psalm 71.1-3.

In You, O LORD, I put my trust;
Let me never be put to shame.
Deliver me in Your righteousness, and cause me to escape;
Incline Your ear to me, and save me.
Be my strong refuge,
To which I may resort continually;
You have given the commandment to save me,
For You *are* my rock and my fortress.

Read and meditate on 2 Timothy 1.1-5.

Preparation.

1. In what sense was Timothy Paul's "son"? How would you describe Paul's attitude toward Timothy, as you see it in these verses?

2. What is "genuine" faith?

Meditate.

Paul's second epistle to Timothy is much more personal in tone. The first was to Timothy the pastor, so that he might work hard at setting the churches in Ephesus in order (1 Tim. 3.15). The second is to Timothy the *beloved son*. We would expect to see more of Paul's heart for Timothy here, as we saw more of his heart for the Lord's churches in 1 Timothy.

The *promise of life* is an important phrase. It relates both to the eternal life that we will know forever with our Lord in glory, and to the increasing realization of that life which is promised in the present. Paul's calling as an apostle was "according to" that promise – that he might realize more of it, and that he might help others do the same. We can assume this is his intent for Timothy, Paul's son in the faith – that he might increase in the knowledge of God and Christ, which is eternal life. So the concern here is for Timothy the disciple, and not so much Timothy the pastor.

To increase in discipleship, Timothy will need grace, mercy, and peace from God the Father and Jesus Christ the Lord (v. 2).

Verses 3-5 are a strong affirmation of Timothy's faith, reviewing both his spiritual pedigree and Paul's own observations. Why was this necessary? For the simple reason that we are all under attack at all times by spiritual forces that sow doubt, unbelief, and fear; and we all therefore need to be reminded that we are people of faith in Jesus. Recalling how we came to faith, and the evidence of the faith that God has brought forth in our lives is a good way to be affirmed and to keep on keeping on in faith. If Timothy needed this, you and I do, too, and every believer in your Personal Mission Field.

Timothy demonstrated *genuine* faith. The Greek word is "unhypocritical" and it's the same word Paul used in 1 Timothy 1.5. Genuine faith issues in good works from a mind anchored in truth, a heart overflowing with love, and a conscience that is *pure* (v. 3) of all corrupting influences. Paul's love for Timothy is evident in his word of encouragement, prayers, and longing to be with his son in the faith.

Paul shows us the heart of a true soul friend, and thus encourages us to follow his example.

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Reflect.

1. Why is it important for believers to encourage one another in their faith? What can we learn from Paul about how to do that?
2. How would you counsel a new believer to always strive for genuine faith? If our faith is not genuine, what is it?
3. How can you see that Paul was not only Timothy's father in the faith, but his true soul friend as well? To whom can you show this kind of friendship today?

Timothy's sonship to Paul is that of the soul, not that generated by nature, and is based on the spiritual promise of life.
Theodoret of Cyr (393-466), *Interpretation of the Second Letter to Timothy*

Use me today, Lord, to encourage other believers in their walk with and work for you. Help me to...

Pray Psalm 71.1-3.

Use these verses to meditate on the great privilege of prayer, and to thank God that He is always near, and always ready to hear you when you pray.

Sing Psalm 71.1-3.

Psalm 71.1-3 (*Solid Rock: My Hope is Built on Nothing Less*)

In You, O Lord, I refuge claim; O let me never be ashamed.

In righteousness deliver me; incline Your ear and hear my plea.

Refrain v. 3

A Rock of habitation be; command Your Word to rescue me;
my Rock and Fortress ever be!

2 Add Living Water and Stir

Pray Psalm 71.12-15.

O God, do not be far from me;
O my God, make haste to help me!
Let them be confounded *and* consumed
Who are adversaries of my life;
Let them be covered *with* reproach and dishonor
Who seek my hurt.
But I will hope continually,
And will praise You yet more and more.
My mouth shall tell of Your righteousness
And Your salvation all the day,
For I do not know *their* limits.

Read and meditate on 2 Timothy 1.6, 7.

Reflect.

1. From these verses, what's the recipe for love?
2. What fear can keep believers from knowing the power of God's Spirit?

Meditate.

As in his first epistle, Paul insists that the outcome of the life of faith is love (v. 7; cf. 1 Tim. 1.5). Here Paul outlines the recipe for helping to ensure that love flows like rivers of living water from our lives.

First, don't be afraid of anything in this world. If we're afraid of losing something really important to us, we'll hold on to it, rather than cling to God. If we're afraid of what others might think or say or do to us, we'll hold back from bearing witness to them. Don't be afraid! God has not given us a spirit of fear. The spirit of fear, to the extent that it hinders our walk with and work for the Lord, comes not from God, but from the enemy of our soul.

Second, remember what you received when God called you to Himself (v. 6). He gave you His Spirit, and with His Spirit, everything we'll ever need to grow in Him and serve Him well. Paul referred Timothy back to his ordination to preach. That was his calling. Our calling is to make disciples and be witnesses for Christ, and we received that calling to the Kingdom and glory of God at the moment He entered our lives. Never lose sight of your calling, and never forget that you have all the resources in God's Spirit and Word that you will ever need.

Third, anchor your mind in sound doctrine. Sound doctrine outlines the recipe for love. Learn and look to sound doctrine, mix with the living water of God's Spirit, and stir vigorously – by daily exercising yourself in the Word, prayer, and obedience.

That's the recipe for love.

Reflect.

1. How can believers help one another to overcome any fears that keep us from growing in and serving the Lord?

2. Why is sound doctrine so important in the recipe for love? How can you grow in understanding sound doctrine?

3. The power of God's indwelling Spirit flows through love. How many different ways should you expect to see this happening in your Personal Mission Field?

For it requires much zeal to stir up the gift of God. As fire requires fuel, so grace requires our alacrity, that it may be ever fervent.... For it is in our power to kindle or extinguish this grace.... For by sloth and carelessness it is quenched, and by watchfulness and diligence it is kept alive. For it is in you indeed, but you must render it more vehement, that is, fill it with confidence, with joy and delight. Stand manfully. John Chrysostom (344-407) *Homilies on 2 Timothy 1*

Let Your Spirit flourish in me, Lord, so that today I will...

Pray Psalm 71.12-16.

God is with us by His Spirit, to teach, guide, convict, and empower us for serving the Lord. How will you need Him to be at work in you today?

Sing Psalm 71.12-16, 3.

Psalm 71.12-16, 3 (*Solid Rock: My Hope is Built on Nothing Less*)

O God be not too far from me; my ever-present Helper be!

Consume and shame my enemies; let them reproached and humbled be.

Refrain, v. 3

A Rock of habitation be, command Your Word to rescue me;
my Rock and Fortress ever be!

But as for me my voice I raise to sing in hope and constant praise!

With saving grace my voice will swell Your never-ending grace to tell.

Refrain

3 Called to Suffer

Pray Psalm 71.4-6.

Deliver me, O my God, out of the hand of the wicked,
Out of the hand of the unrighteous and cruel man.
For You are my hope, O Lord God;
You are my trust from my youth.
By You I have been upheld from birth;
You are He who took me out of my mother's womb.
My praise *shall* be continually of You.

Read and meditate on 2 Timothy 1.8-10.

Reflect.

1. Why should we as Christians expect to suffer for our faith? In what ways?
2. What is the “holy calling” to which God has called us?

Meditate.

We remember that Paul was writing to Timothy from Rome, where he was imprisoned for the Gospel. This was nothing of which to be ashamed. Suffering is a given for the followers of Christ (Phil. 1.29). That suffering can take many forms, including persecution, oppression, physical abuse, and even death.

But not everyone who is called to suffer will suffer in such ways. Sometimes it's just a snide remark or a broken friendship; at other times we suffer by giving ourselves and possessions away for the needs of others, just as the suffering of our Lord Jesus involved Him becoming poor for us. Through the Gospel, God has both saved and called us to a holy calling, and that calling can entail suffering. We must not be ashamed to suffer, and we must not be afraid.

When we remember that suffering comes our way according to the purpose and with the grace of God (v. 9), we can bear up under it, be it ever so severe. That's what Paul was doing, and he didn't want anyone to be fretting or fearing about his situation, or that the same might befall them. We must continue our testimony concerning the Lord (v. 8), and keep up the kind of good works that bring life and immortality to light – the changed lives we have in Jesus, which are for the glory of God (vv. 9, 10).

Ours is a holy calling, in which we bear witness to the resurrection of Jesus by our lives and words. And even though the world may scorn, ignore, or abuse us, we know that we are called to bear up and persevere, no matter what.

Reflect.

1. How do you expect to “share with” Paul “in the sufferings of the Gospel”? How should you prepare for this each day?
2. How would you summarize our testimony about the Lord Jesus Christ?
3. God in His grace is always ready to help us in our times of need (Heb. 4.12). How will you need that grace today?

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If then he is mighty in calling us, and good, in that he has done it of grace and not of debt, we ought not to fear. For he who, when we should have perished, saved us, though enemies, by grace, will be not much more co-operate with us, when he sees us working? John Chrysostom (344-407), *Homilies on 2 Timothy 2*

Let Your grace be with me today, Lord, and help me to be ready to bear witness to Jesus as I...

Pray Psalm 71.1-6.

Seek the Lord to give you strength to bear up under opposition or persecution, and to sustain and bless and use you for His glory today.

Sing Psalm 71.1-6.

Psalm 71.1-6 (*Solid Rock: My Hope is Built on Nothing Less*)

In You, O Lord, I refuge claim; O let me never be ashamed.

In righteousness deliver me; incline Your ear and hear my plea.

Refrain v. 3

A Rock of habitation be; command Your Word to rescue me;
my Rock and Fortress ever be!

From wicked hands redeem me, Lord, from all who wrest and break Your Word.

My hope, my confidence from youth, my praise forever reaches You.

Refrain

4 Persuaded

Pray Psalm 71.17.

O God, You have taught me from my youth;
And to this *day* I declare Your wondrous works.

Read and meditate on 2 Timothy 1.11, 12

Reflect.

1. Why was Paul not ashamed to be a prisoner for Christ?
2. What had Paul committed to Jesus?

Meditate.

Paul was not locked up in a Roman prison because he was a lawbreaker; rather, he was imprisoned because he was faithful in his calling. God had appointed him as a preacher, apostle, and teacher of the Gentiles (v. 11). In the faithful discharge of his duties, he had incurred the wrath of his enemies, and become subject to the judgment of Rome.

But he was not ashamed (v. 10). For Paul, this season of trial and setback was a confirmation of his calling and a spur to greater trust in the Lord. He was confident that God would see Him through this to the end, because Paul *knew the Lord*, and knew He would never fail nor forsake him.

The knowledge of God and Jesus Christ is eternal life (Jn. 17.3). To grow in grace is to grow in the knowledge of Jesus, which is eternal life (2 Pet. 3.18). Unless our faith is anchored in Jesus, focused on Jesus, yielding all things to Jesus, and being transformed into Jesus' own image, we shall have a hard time knowing the kind of confidence, peace, and power Paul evidenced during his prolonged trial.

Paul had committed himself entirely to God, to be faithful in his calling and obedient in all his ways. He was persuaded that God would keep that commitment for him (1 Thess. 5.24), as Paul kept his focus on Christ and continued to live for Him. So that, on that great coming Day, it would be clear to all that Paul was a true child of the Father and follower of Jesus Christ.

How persuaded are you of your calling from God? Whatever God has called you to in life, in your Personal Mission Field, be faithful and consistent, and you will know the peace and confidence of Paul, and the power of God at work in and through you.

Reflect.

1. What have you committed to God? Is there anything in your life you have not committed to Him? Explain.
2. Though his witness for the Lord got him in trouble, Paul was not ashamed. Why are believers sometimes ashamed of their faith, and thus reluctant to talk about the Lord?
3. Paul said he was "persuaded" about the faithfulness of God. How does being persuaded about God and His truth show up in our lives?

What is "that which has been entrusted to me"? The faith, the preaching of the gospel. God, who committed this to us, will preserve it unimpaired. I suffer everything, that I may not be despoiled of this treasure. I am not ashamed of these things, so long as the faith is preserved uninjured. Or by "that which is entrusted to me" he may be referring to the faithful people who God has

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committed to him. John Chrysostom (344-407), *Homilies on 2 Timothy 2*

Lord, let me not be ashamed of You or of the Gospel. Instead, today help me to...

Pray Psalm 71.17-21.

Thank God for opportunities to share His Word with others, and seek His presence to help you live as His witness today.

Sing Psalm 71.17-22.

Psalm 17.17-22, 3 (*Solid Rock: My Hope is Built on Nothing Less*)

O Lord, I praise Your righteousness, Who me from youth have taught and blessed.

Forsake me not when I am old, 'til I Your mercies all have told!

Refrain, v. 3

A Rock of Habitation be, command Your Word to rescue me.

My Rock and Fortress ever be!

Your righteous deeds are great and true. O God, there is no one like You!

Though many troubles I have seen, You will revive my soul again!

Refrain

Increase my greatness, comfort me, and unto You shall praises be.

Your truth I will exalt full well, O Holy One of Israel!

Refrain

5 Good Thing, Those Sound Words

Pray Psalm 71.17, 18.

O God, You have taught me from my youth;
And to this day I declare Your wondrous works.
Now also when *I am* old and grayheaded,
O God, do not forsake me,
Until I declare Your strength to *this* generation,
Your power to everyone *who* is to come.

Read and meditate on 2 Timothy 1.13, 14.

Reflect.

1. In what sense is the “pattern of sound words” to be found in Christ Jesus?
2. How would you explain the meaning of “hold fast” and “keep”?

Meditate.

Many Christians today have little use for doctrine. They consider doctrine to be abstract, academic, and a means for showing off.

Paul would vigorously disagree.

Yes, there are those who treat doctrine in the way many believers find repellent. But Paul says some important things about doctrine – “sound words” – in these two verses.

First, note the various ways these two verses parallel one another. Parallelism is a way of asserting and reinforcing an idea to make it “sticky” for the readers. The “pattern of sound words” parallels “That good thing”. Similarly, “which you have heard from me” parallels “was committed to you”. And “faith and love which are in Christ Jesus” parallels “by the Holy Spirit who dwells in us”. Finally, “hold fast” and “keep” are two strong verbs that anchor this whole passage. Paul has made a tight weave of these verses, precisely because he wants to emphasize the importance of doctrine – sound words – as a good thing.

But why is doctrine a good thing? Because all true doctrine resolves in Jesus Christ. He is the Treasury of all wisdom and knowledge (Col. 2.2, 3). All Biblical doctrine leads to Jesus, helps us in knowing Him, and empowers us to be transformed into His image. If we receive doctrine by faith, it will issue in love (1 Tim. 1.5). That’s certainly a good thing.

And there is a kind of pattern to sound words, a system of doctrine, a way of learning Biblical truth that fits all the doctrines of Scripture together. As we hold fast to and keep that pattern, it shapes us into itself, the end product of which is increasing Christlikeness. We must hold fast to and keep the whole pattern of doctrine, and not just a pet doctrine or two, if we would grow in Jesus.

The Spirit of God, Who dwells in us, is the operative power of sound words. He uses doctrine to transform us into the image of Jesus Christ (2 Cor. 3.12-18); and He empowers us, in our Personal Mission Field, to be more consistent as His witnesses.

So those sound words of doctrine are a really good thing. Hold them fast, keep them faithfully, and you will grow in Jesus.

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Reflect.

1. Why do some people find doctrine distasteful? Is it hard to learn doctrine? Should that put us off?
2. Doctrine must be received by faith if it is to issue in love. Explain.
3. How does the Holy Spirit use sound words to transform us into the image of Jesus Christ?

After the manner of artists, Paul is saying, I have impressed on you the image of virtue, fixing in your soul a sort of rule and model and outline of all things pleasing to God. Hold fast to these things, whether you are meditating on any matter of faith or love or of a sound mind. Form your ideas from this pattern in the future.. John Chrysostom (344-407), Homilies on 2 Timothy 3

Help me to see Jesus in Your Word today, Lord, so that He may live through me as I...

Pray Psalm 71.17-21.

We are called to make disciples, and this involves sharing with others what God has taught us from His Word. With whom will you share from the sound words of Scripture today?

Sing Psalm 71.17-22.

Psalm 17.17-22, 3 (*Solid Rock: My Hope is Built on Nothing Less*)

O Lord, I praise Your righteousness, Who me from youth have taught and blessed.
Forsake me not when I am old, 'til I Your mercies all have told!

Refrain, v. 3

A Rock of Habitation be, command Your Word to rescue me.
My Rock and Fortress ever be!

Your righteous deeds are great and true. O God, there is no one like You!
Though many troubles I have seen, You will revive my soul again!

Refrain

Increase my greatness, comfort me, and unto You shall praises be.
Your truth I will exalt full well, O Holy One of Israel!

Refrain

6 Friend and Foes

Pray Psalm 71.4-6.

Deliver me, O my God, out of the hand of the wicked,
Out of the hand of the unrighteous and cruel man.
For You are my hope, O Lord GOD;
You are my trust from my youth.
By You I have been upheld from birth;
You are He who took me out of my mother's womb.
My praise *shall be* continually of You.

Read and meditate on 2 Timothy 1.15-18.

Reflect.

1. How did Onesiphorus show that he was Paul's friend?
2. Why would anyone turn away from Paul?

Meditate.

They turned away from Jesus. They turned away from Paul. They turned away from John and Peter. And they will turn away from you.

As Christians, we must not suppose that everyone will like us, or agree with us, or speak kindly to or about us. Many will not. Some will oppose us actively, or even spread false rumors about us, as some did about Paul. But we must not be dismayed or cowed by such opposition. When we're opposed or forsaken because of the Gospel, we should rejoice, like the apostles did, at the privilege of sharing in Jesus' sufferings (cf. Acts 5.40, 41).

It's good to have Christian friends we can count on, who will stand with us when others turn against us, to refresh our souls by their encouragement. Paul was grateful for Onesiphorus and the friendship he had shown Paul. When he was in Rome, he looked for Paul until he found him, and ministered to him in his chains, just as he had done among the believers in Ephesus (v. 18 – *to me* is only in a few Greek manuscripts, and likely should be left out). Paul wanted Timothy – who was Onesiphorus' pastor – to know about this, perhaps because he understood that Timothy might need such a friend as this man.

Who will find in you a friend like that today? Remember, every believer has foes who wish us ill, especially spiritual forces of wickedness in high places. We all need friends in the faith, true friends who understand our struggles, will come alongside us to encourage and assist, and who are seeking nothing for themselves, but only that the grace and mercy of Jesus might abound to us.

We need friends like this, and our Christian friends need such friendship from us.

Reflect.

1. Why do some people turn away from the Gospel and those who believe it? How should we respond when people turn away from us because of Jesus?
2. How do friends refresh one another in the Lord? Why is it important that we do this?
3. Friends go looking for ways to refresh their friends. Who does that for you? For whom are you such a

friend?

Such ought the faithful to be—like Onesiphorus. Neither fear nor threats nor disgrace should deter them from assisting one another, standing by them and succoring them as in war. For they do not so much benefit those who are in danger, as themselves, by the service they render to them, making themselves partakers of the crowns due to them. John Chrysostom (344-407), *Homilies on 2 Timothy 3*

Lord, I pray for the believers I will see today, that... And I pray for myself, that I may be a true friend to them by...

Pray Psalm 71.1-6.

Spiritual foes will seek to rob you of the joy of your salvation today. Seek the Lord's strength to help you overcome them. Ask Him to show you a friend you can encourage in the faith today.

Sing Psalm 71.1-6.

Psalm 71.1-6 (*Solid Rock: My Hope Is Built on Nothing Less*)

In You, O Lord, I refuge claim; O let me never be ashamed.

In righteousness deliver me; incline Your ear and hear my plea.

Refrain v. 3

A Rock of habitation be; command Your Word to rescue me.

My Rock and Fortress ever be!

From wicked hands redeem me, Lord, from all who wrest and break Your Word.

My hope, my confidence from youth, my praise forever reaches You.

Refrain

7 Not Ashamed

Pray Psalm 71.1-3.

In You, O LORD, I put my trust;
Let me never be put to shame.
Deliver me in Your righteousness, and cause me to escape;
Incline Your ear to me, and save me.
Be my strong refuge,
To which I may resort continually;
You have given the commandment to save me,
For You *are* my rock and my fortress.

Review 2 Timothy 1.

Reflect.

1. How does the idea of being ashamed show up in this chapter?
2. Why is this an important message for us today?

Meditate.

Paul mentions the idea of being ashamed at several places in this chapter (vv. 8, 12, 16). The temptation to be ashamed of the Gospel is always with us. We must be mindful of this, and remember that we have not been given a spirit of fear, but the Spirit of power and of love and of a sound mind (v. 7). Focus on the good and sound words of apostolic teaching, and let the Spirit empower you for consistent and effective witness for the Lord. This is what Paul did, and it's what he counsels young Timothy to do as well.

We must hold fast to the sound doctrine of Christian orthodoxy (vv. 13, 14). Only the truth will set us free from fear and equip us for every good work (Jn. 8:32; 2 Tim. 3:15-17). Jesus is the embodiment and epitome, both of the sound words of Christian instruction and the good works those words should engender in us (vv. 8-11). We must pursue our lives within the life and immortality He has granted us through the Gospel (v. 10).

Some people may turn away from us as we stand firm in our faith, and call them to consider Jesus. But our Christian friends will refresh our souls and strengthen us in our times of trial, and we must be prepared to do the same for them. Only thus will we together overcome the temptation to be ashamed of the Gospel.

Reflect.

1. What would you say is the key to overcoming the temptation to be ashamed of the Gospel?
2. What is the role of “sound words” in preparing us to resist the temptation to be ashamed?
3. How can Christians help and encourage one another not to be ashamed of the Gospel?

If then he is mighty in calling us, and good, in that he has done it of grace and not of debt, we ought not to fear. For he who, when we should have perished, saved us, though enemies, by grace, will be not much more co-operate with us, when he sees us working? John Chrysostom (344-407), *Homilies on 2 Timothy 2*

Today, Lord, give me an opportunity to talk to someone about Jesus, and make me bold, and unashamed as I...

Pray Psalm 71.

We might be tempted to be ashamed of the Gospel sometimes. But this psalm can firm up our hearts as we

recall the greatness of God, His work on our behalf, and the vows and commitments we have made to Him, and call on Him to sustain us in the present.

Sing Psalm 71.

Psalm 71 (*Solid Rock: My Hope Is Built on Nothing Less*)

In You, O Lord, I refuge claim; O let me never be ashamed.
In righteousness deliver me; incline Your ear and hear my plea.

Refrain v. 3

A Rock of habitation be; command Your Word to rescue me;
My Rock and Fortress ever be!

From wicked hands redeem me, Lord, from all who wrest and break Your Word.
My hope, my confidence from youth, my praise forever reaches You.

Refrain

While many see in me a sign, I shelter in Your strength will find.
Lord, fill my mouth with endless praise and with Your glory all my days.

Refrain

Lord, cast me not with age away; as strength decreases, with me stay.
My enemies against me speak; they lie in wait my soul to seek.

Refrain

O God be not too far from me; my ever-present Helper be!
Consume and shame my enemies; let them reproached and humbled be.

Refrain

But as for me my voice I raise to sing in hope and constant praise!
With saving grace my voice will swell Your never-ending grace to tell.

Refrain

O Lord, I praise Your righteousness Who me from youth have taught and blessed.
Forsake me not when I am old, 'til I Your mercies all have told!

Refrain

Your righteous deeds are great and true. O God, there is no one like You!
Though many troubles I have seen, You will revive my soul again!

Refrain

Increase my greatness, comfort me, and unto You shall praises be.
Your truth I will exalt full well, O Holy One of Israel!

Refrain

My lips with joy and praises ring; to You, Redeemer, praise I bring!
I praise Your goodness all day long; Lord, humble all who do me wrong.

Refrain

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Questions for reflection or discussion

1. Why do we need to be aware of the temptation to be ashamed of the Gospel?
2. How would you advise a new believer to stand firm against this temptation?
3. What does it mean for us to “stir up the gift” God has given us?
4. Why do we need good friends to refresh our soul?
5. What’s the most important lesson you’ve learned from 2 Timothy 1? How are you putting that lesson to work in your Personal Mission Field?

For prayer:

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Thank you.