



## Covenanted together in God's Word

Soul friends are committed to growing together in the Lord and His Word. As you seek a soul friend, look for someone who is serious about prayer and the study of God's Word, resolute in seeking the Kingdom and righteousness of God, willing to commit to mutual encouragement and accountability, and devoted to Christ in every area of his life.

Meet with your prospective soul friend. Review this brochure. Consider the challenge of being soul friends. Then, as the Lord leads, make a commitment to meet together on a regular basis, so that you can join each other in your journeys through the wheat field of the world as fellow citizens and ambassadors of the Kingdom of our Lord Jesus Christ.

## Resources for your journey together

At The Fellowship of Ailbe we offer abundant resources to help you and your soul friend make the most of this exciting opportunity.

Visit our website, [www.ailbe.org](http://www.ailbe.org), and click the Resources tab. Important Downloads, available at no charge, include:

*ReVision* studies in Christian worldview.

*Scriptorium* studies in Scripture.

*Personal Mission Field* brochure.

You might also consider studying a course together at The Ailbe Seminary.

In our bookstore are a wide variety of books on Christian vision, disciplines, and Kingdom living.

**The Fellowship of Ailbe**  
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"A man without a soul friend is like a body without a head."

## Soul Friends



*The Fellowship of Ailbe*

## Companions on our journey

We have a calling from God, to seek His Kingdom and live for His glory in every area and aspect of our lives (Matt. 6.33; 1 Thess. 2.12; 1 Cor. 10.31).

We have been called to His Kingdom, as citizens and ambassadors, and just as Jesus came to “bring near” the Kingdom of God, so we go into our own Personal Mission Fields to seek His rule of righteousness, peace, and joy in the Holy Spirit (Matt. 6.33; Rom. 14.17, 18).

The Kingdom of God has come and is established and growing within the wheat field of the world. Daily we lift up our eyes to discern the work God has called us to do, to prepare for it and to undertake it with a view to making the most of the time of our lives for the honor and glory of God.

We must not make this journey alone.

We need the encouragement of others in order to do the good works of love for which the Lord is preparing and sending us day by day (Heb. 10.24).

We need companions to journey with

and help us fulfill the calling which the Lord in His grace has appointed to us.

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*And let us consider one another to stir up love and good works... Heb. 10.24*

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We need soul friends, others who care about our souls, who pray for and with us, who understand and will support us in the calling God has appointed to us and the legacy we are seeking to leave for His Kingdom and glory.

Soul friends pray together. They review and celebrate their walk with and work for the Lord. The study and grow together. They are true spiritual companions with us on our journey through the wheat field of the world as citizens and ambassadors of the Kingdom of God.

No wonder Brigid, that great sixth-century Irish saint, said, “A man without a soul friend is like a body without a head.”

We need soul friends for our journey.



## What is a soul friend?

A soul friend is just that – a friend of your soul. Soul friends help one another in their walk with and work for the Lord by committing to pray, encourage, and hold one another accountable for specific goals in their journey.

Soul friends meet together, share their concerns with one another, rejoice in one another’s victories and progress in the Kingdom, and work together to press on toward the prize of the upward call of God in Christ Jesus (Phil. 3.14).

Soul friends thus play an integral role in our maintaining a careful and consistent self-watch in our walk with and work for the Lord (Prov. 4.20-27; Eph. 5.15-21).