

Monday, 10 November 2014

*Philippians 4:7-8*

*And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.*

It is interesting that the Spirit connects an instruction in the prior verses, a promise and an instruction. Lay all my anxieties on You, trust in Your peace and fill the void created by the departure of the worries with praise worthy meditations.

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Tuesday, 11 November 2014

*Psalm 120:1-2*

*A Song of Ascents. In my distress I called to the LORD, and he answered me. Deliver me, O LORD, from lying lips, from a deceitful tongue.*

Lord, give me the gift of discernment. That I would be able to see through the deceit and exaggeration that I am frequently exposed to both in the prisons and even among those who claim Your Name in the churches. And with that gift, Lord, the gift of wisdom to enable me to respond in ways that bring You glory.

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Wednesday, 12 November 2014

*Psalm 120:3-4*

*What shall be given to you, and what more shall be done to you, you deceitful tongue? A warrior's sharp arrows, with glowing coals of the broom tree!*

Another related prayer, Lord, is that I be disciplined to avoid deceit and exaggeration in any way, in any manner, at any time in my conversation. I repent of those times I have succumbed to the urge to do so.

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Thursday, 13 November 2014

*Psalm 120:5-7*

*Woe to me, that I sojourn in Meshech, that I dwell among the tents of Kedar! Too long have I had my dwelling among those who hate peace. I am for peace, but when I speak, they are for war!*

Lord, we are surrounded by those who reject You, but are confident that You will guide us and keep us faithful to Your Word.

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Friday, 14 November 2014

*Ephesians 6:10-20*

*Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.*

My mother always told me to dress appropriately when I went out and included detailed instructions, ie, cap, mittens, overcoat, and galoshes, leaving nothing to my somewhat suspect opinion of what was seasonally necessary. I wonder if she didn't take her cues from this passage as my Lord and Savior instructs me about proper dress when I step out into

His vineyard?

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*Saturday, 15 November 2014*

*Psalm 121:1-2*

***A Song of Ascents.*** *I lift up my eyes to the hills. From where does my help come? My help comes from the LORD, who made heaven and earth.*

Should I look to the hills, Lord? Those places of pagan worship or do I look to You, the source of all comfort? A no-brainer, my help can only come from You, the maker of all Creation.

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*Lord's Day, 16 November 2014*

*Psalm 119:36*

*Incline my heart to your testimonies, and not to selfish gain!*

Your word have I hid in my heart that I might not sin against Thee. (v 11)

## *VOICES TOGETHER*

*Daily Meditations from the Psalms*



*November 10-16, 2014*

Voices Together is extracted from my daily meditations and is shared in the hope that others will be encouraged to turn to the Psalms as a rich source of guidance for prayer and meditation.

It is published daily on the website of the Fellowship of Ailbe, [www.ailbe.org](http://www.ailbe.org); along with material by other writers to encourage and assist in our walks as disciples of Jesus Christ.

These messages can also be received as daily emails or in a monthly printed version by sending a request to:

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