

*Monday, 31 January 2011*

*Psalm 54:1-3*

*To the choirmaster: with stringed instruments. A Maskil of David, when the Ziphites went and told Saul, "Is not David hiding among us?" O God, save me by your name, and vindicate me by your might. O God, hear my prayer; give ear to the words of my mouth. For strangers have risen against me; ruthless men seek my life; they do not set God before themselves. Selah*

My foes are not ruthless men, but evil affections and desires. Save me, Lord, from greed and lust, from covetousness and envy, from anxiety and doubt, from pride and self-will. All these that the Evil One uses to come between me and You, that he uses to destroy my joy in You. You and only You can stand between me and the foe.

---

*Tuesday, 1 February 2011*

*Psalm 54:4-7*

*Behold, God is my helper; the Lord is the upholder of my life. He will return the evil to my enemies; in your faithfulness put an end to them. With a freewill offering I will sacrifice to you; I will give thanks to your name, O LORD, for it is good. For he has delivered me from every trouble, and my eye has looked in triumph on my enemies.*

Your name, Lord, is the name that is above all other names. More powerful than all other names; sweeter than all other names; more deserving of honor and praise than all other names. You are Lord. In You I am safe and secure against all enemies, You are my mighty deliverer. Praise You, Lord.

---

*Wednesday, 2 February 2011*

*Psalm 55:1-3*

*To the choirmaster: with stringed instruments. A Maskil of David. Give ear to my prayer, O God, and hide not yourself from my plea for mercy! Attend to me, and answer me; I*

*am restless in my complaint and I moan, because of the noise of the enemy, because of the oppression of the wicked. For they drop trouble upon me, and in anger they bear a grudge against me.*

*This is certainly a time of trouble, Lord, as we wrestle with the challenges of ministering to ex-inmates and acting as in loco parentis to one of them. We know that You have called us to this and that in part to train us as Your disciples. Therefore, give us strength to press on, and wisdom in dealing with the problems and the willingness to turn to You for direction is all aspects. We have so much to learn.*

---

*Thursday, 3 February 2011*

*Psalm 55:4-8*

*My heart is in anguish within me; the terrors of death have fallen upon me. Fear and trembling come upon me, and horror overwhelms me. And I say, "Oh, that I had wings like a dove! I would fly away and be at rest; yes, I would wander far away; I would lodge in the wilderness; Selah I would hurry to find a shelter from the raging wind and tempest."*

I love You, Lord, You are my shelter from the raging winds and the tempests of life. As the turmoil mounts, I can come to you for peace and security, nestle in the comfort of Your love and grace to be restored and reequipped. I can fly away to You; it is the remembering to take advantage of the refuge and not to continue the struggle in my own knowledge and strength.

---

*Friday, 4 February 2011*

*Psalm 55:9-11*

*Destroy, O Lord, divide their tongues; for I see violence and strife in the city. Day and night they go around it on its walls, and iniquity and trouble are within it; ruin is in its midst; oppression and fraud do not depart from its marketplace.*

Lord, destroy those affections of evil that beset my life. Remove the jealousy, greed and covetousness that distort my relationship with You. Teach me, Lord, to be satisfied

with Your provision, recognizing that it is beyond adequate,  
I am replete and satiated in the munificence of Your love.

---

*Saturday, 5 February 2011*

*Psalm 55:12-15*

*For it is not an enemy who taunts me-- then I could bear it; it is not an adversary who deals insolently with me-- then I could hide from him. But it is you, a man, my equal, my companion, my familiar friend. We used to take sweet counsel together; within God's house we walked in the throng. Let death steal over them; let them go down to Sheol alive; for evil is in their dwelling place and in their heart.*

Lord, the problem facing me today is T, and getting her to do what she needs to do. How do we encourage her to do her school work, to get her affairs in order, find a job, all these things that make up life. Lord, she needs You in her life, not just words that she thinks will please me, but a burning to please you.

---

*Lord's Day, 6 February 2011*

*Psalm 119:59*

*When I think on my ways, I turn my feet to your testimonies;*

Back to John 16:9, Lord, where You said the the Comforter would convict me of sin. Not only is this true, but He leads me to Your Word for instruction and guidance into Kingdom living. It is Good News!

## VOICES TOGETHER

*Daily Meditations from the Psalms*



Just like the Holy Procurator of old.

*January 31-February 6, 2011*

Voices Together is extracted from my daily meditations and is shared in the hope that others will be encouraged to turn to the Psalms as a rich source of guidance for prayer and meditation. This is also published daily on the website of the Fellowship of Ailbe, [www.ailbe.org](http://www.ailbe.org); along with material by other writers to encourage and assist in our walks as disciples of Jesus Christ.

These messages can also be received  
as daily Emails by sending a request to:

John Nunnikhoven  
[voices@ailbe.org](mailto:voices@ailbe.org)  
[www.ailbe.org](http://www.ailbe.org)