Monday, 6 December 2010 Psalm 42:6-8

and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. By day the LORD commands his steadfast love, and at night his song is with me, a prayer to the God of my life.

> Why is it, Lord, when I am faced with problems and troubles, that it takes me so long to turn to You? When will I learn to that You are my shield and buckler, an ever present strength in time of trouble? Why cannot I not feel the coursing of the waves of Your love over me? It is always there, never fails to be there, when I finally turn to You. What takes me so long?

Tuesday, 7 December 2010 Psalm 42:9-11

I say to God, my rock: "Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?" As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, "Where is your God?" Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

> Thank You for the challenges and problems that come my way for they are events to encourage me to turn to You for strength and guidance. The sandpaper of life, bringing smoothness to my being, bringing out the beauty of that image of You within me.

Wednesday, 8 December 2010 Psalm 43:1-2 Vindicate me, O God, and defend my cause against an ungodly people, from the deceitful and unjust man deliver me! (2) For you are the God in whom I take refuge; why have you rejected me? Why do I go about mourning because of the oppression of the enemy?

> Why do I insist on focusing on the source of my troubles rather than the source of my strength and salvation? You do not reject me; I simply turn my eyes from You and try to work it out in my own strength and knowledge, forgetting very conveniently that You are Lord of all creation and all things are under Your feet.

## Thursday, 9 December 2010 Psalm 43:3-4

Send out your light and your truth; let them lead me; let them bring me to your holy hill and to your dwelling! Then I will go to the altar of God, to God my exceeding joy, and I will praise you with the lyre, O God, my God.

> Interesting, Lord, that I just prayed that You would incline my heart to worship You as I meditated on Psalm 119:36. Your Light and Truth will lead me to the extent that I am willing to follow. Fill me with that willingness, that hunger for You.

## Friday, 10 December 2010 Psalm 43:5

Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

> Why do I forget Your promises? Why do I neglect to turn to You first? Lord, continue to refine me and bring me into Your Kingdom.

Saturday, 11 December 2010 Psalm 44:1-3 To the choirmaster. A Maskil of the Sons of Korah. O God, we have heard with our ears, our fathers have told us, what deeds you performed in their days, in the days of old: (2) you with your own hand drove out the nations, but them you planted; you afflicted the peoples, but them you set free; (3) for not by their own sword did they win the land, nor did their own arm save them, but your right hand and your arm, and the light of your face, for you delighted in them.

> Lord, I must start this Psalm with thanksgiving and praise for Your right hand and Your arm and the light of Your face have saved me from destruction and perdition. You have set me free, You have set my feet upon a path of righteousness and goodness for Your name's sake. You have established me in Your Kingdom and have appointed me to be one of Your ambassadors of reconciliation. Praise You, Almighty God and Lord of Lords.

Lord's Day, *12 December 2010 Psalm 119:171* 

*My lips will pour forth praise, for you teach me your statutes.* 

It never ceases to amaze me, Lord, that one of the sources of praise springs from an understanding of Your law. I think that it must be that as I grow in appreciation for the comprehensiveness, the consistency, the coherence and the congruence of Your law as a demonstration of Your love for Your creation, that I must pour out praise to You.

## VOICES TOGETHER

Daily Meditations from the Psalms



April 20-26, 2009

Voices Together is extracted from my daily meditations and is shared in the hope that others will be encouraged to turn to the Psalms as a rich source of guidance for prayer and meditation. This is also published daily on the website of the Fellowship of Ailbe, www.myparuchia.com; along with material by other writers to encourage and assist in our walks as disciples of Jesus Christ.

> These messages can also be received as daily Emails by sending a request to:

> > John Nunnikhoven voices@myparuchai.com www.myparuchia.com